



BRIDEATON HEALTHY POSTER



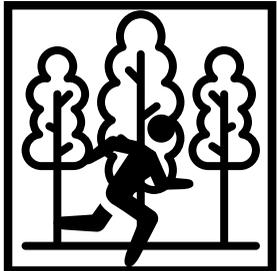
DOs



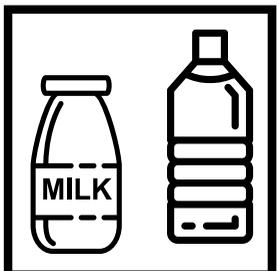
I eat fruit.



I do exercise.



I go outside.



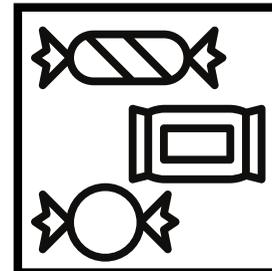
I drink milk/water.



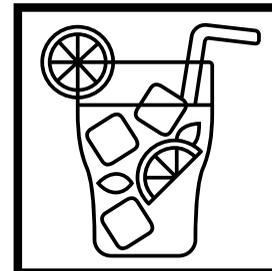
DON'Ts



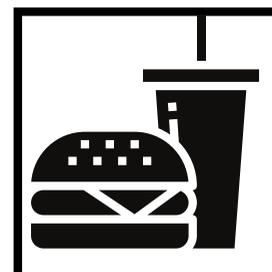
I don't watch TV.



I don't eat sweets.

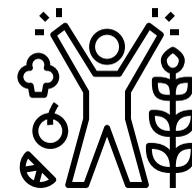


**I don't drink
lemonade.**

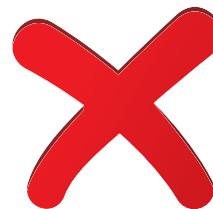


**I don't eat fast
food.**

MY HEALTHY POSTER



DOs



DON'Ts